

WORKPLACE WISDOM NEWSLETTER

TO HAVE ENOUGH

I've always thought it wise to look at various sides of an issue.

Even though I am a champion for "achievement",
I still like to look at the other side.

When we resolve at the beginning of each year - through new resolutions - , to achieve more, develop more, learn more, read more, etc.. we are planning our future out of a paradigm that "wants more".

We resolve from a *discontented* paradigm.

A devil's advocate takes an opposite position.

It's good to be your OWN DEVIL'S ADVOCATE occasionally!

- * What if I don't appreciate that things are good for me TODAY?
- * What if I need to recognize the small "wins" I earned TODAY?
- * What if I overlook blessings TODAY that deserve my gratitude?
- * What if I possess, TODAY, more – much more – than the average human?
- * What if I don't realize I have much for which to be happy?

Well, I hope it brings some introspection and gratitude....

And that will change the way you do business the rest of the year!

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I want to share a great piece of writing that I borrowed from a client. This "poem" was sitting on his desk many years ago. I asked to copy it. I do not know its origin. Since then, I've given this for a gift to many friends.

I'd like now to start the new year off with sharing it with you.

TO HAVE ENOUGH

The good life exists when you stop wanting a better one. It is a condition of savoring what is...rather than longing for what might have been.

The itch for things – so brilliantly injected into our lives by those who make and sell them is, in effect, a virus draining the soul of contentment.

A man never earns enough, a woman is never beautiful enough, clothes are never new enough, the house is never furnished enough. The food is never fancy enough.

There is a point at which contentment lies in stepping off the escalator.

Of saying, "Enough! What I have will do. What I make of it is up to ME."

Many achievements will be up to YOU in 2006.

...Make 2006 a really great (and grateful) year as you examine the good things you already have.

Sue Miller

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