

WORKPLACE WISDOM NEWSLETTER

Your Paradigm Believes Things Will Last

As some of you know, my dad died suddenly of a massive heart attack when I was a young adult.

Shock!

He was only 56 - and we didn't see it coming. He was a fantastic father, and my mother was the love of his life. I was their only child. In my "Happy Days World", we lived much like the famous television family. But it didn't last...one day, we realized we'd never see or talk to him on this earth again. Our time together ended on that very ordinary, unsuspecting warm fall day 25 years ago. Nothing stays the same. There's an end to things that are good in our lives...and an end to things that are bad.

This is a bittersweet truth - APPLICABLE TO YOU IN THE WORKPLACE TODAY.

If things are not going well in your career right now, remember this tough situation won't last.

- * Petty people who find fault with you won't be associated with you forever.
- * Friends who disappoint you gain competence - or go away.
- * Grinding, impossible assignments end - successfully or otherwise.

And there are other things that end....

- [Too much travel!](#) One day it will end. You'll find yourself at a desk, traveling by air....or retired!
- [Impossible assignments!](#) In the early 90's, I was responsible for my Fortune 500 company's annual million-dollar incentive event honoring outstanding performers. I worked with set design agencies in New York; signature caterers; DMC's in far-away cities; GM's at 5-star hotels, and famous entertainers. It was exciting, but my stress level grew higher and higher with each passing year! Yet, one day, that job ended, and I moved on to less stressful, equally enjoyable work. What was I left with? Wonderful memories and invaluable experiences.

- [Impossible people move on](#). Last week, a manager told me, "*My Director is absolutely impossible to please!*" I responded, "*Be patient! Your director will eventually move on...or you will.*" An individual will not be a stress factor for you forever.

- [Your favorite people move on, too](#). I often ask managers to describe one of THEIR favorite managers. As they reminisce of wonderful qualities, I see smiles and hear warm tones in their voices. It's obviously a pleasant memory, but eventually one or the other of them moved on. The relationship, as it had existed, ended.

SO, THE LESSON IS...adjust your paradigm to thinking..." *This situation TODAY won't last.* Ask yourself, "How can I grow through this?" Answering this question will give you the courage to keep on, to do what you have to do, in order to get bigger and better results.

If it is a good time at work right now, ENJOY IT...speak of your appreciation, your admiration, your enjoyment...be aware and recognize you're in a good place!

If it is a challenging time or a tough place right now, say to yourself, "*THIS WILL NOT LAST. I will be persistent. I will make this as enjoyable as possible in order to look back on the "best of the bad times".*"

This is life and - for the most part - it IS what you make of it.

**Both Good AND Bad events inevitably make you wiser!
And being a wiser individual makes you a more valuable one.**

You simply interact with deeper UNDERSTANDING and WISDOM!